

Ergebnis Einlauf >> 100 km <<

R	M	W	Name	Verein	Nation	SN#	Zeit
1	1		Frieden, Thomas	LSV Winterthur	CH	153	07:52:04
2	2		Becher, Jan	Hohen Neuendorf	DE	143	09:07:57
3	3		Wollert, Tell	Laufend aktiv	DE	171	09:13:27
4	4		Schad, Gunnar	Laufend aktiv	DE	164	09:55:55
5		1	Christ, Heike	Lt Sulz am Eck	DE	149	10:25:25
6	5		Mühlberg, Sven	Dresdner Ruderclub 1902	DE	161	10:25:26
7	6		Krause, Volker		DE	146	10:27:23
8	7		Janiszewski, Günter	DUV	DE	157	10:36:22
9	8		Frunzke, Thomas	Storkow	DE	154	10:37:57
10	9		Richter, Dirk	LG Mauerweg Berlin	DE	162	10:42:35
11	10		Vater, Roland	DUV	DE	170	10:49:27
12	11		Fenz, Hendrick		DE	145	10:53:20
13	12		Beck, Jürgen	SSV Buer 07/28	DE	150	10:53:32
14	13		Teichert, Gerd	TSG Seelow	DE	169	10:54:11
15	14		Kalaß, Magnus	BSC	DE	142	10:59:32
16	15		Steinicke, Thomas	SGW 05 Berlin	DE	144	11:18:13
17	16		Kolar, Peter	Eich	CH	159	11:28:07
18	17		Eichler, Kai	LG Bodensee	DE	147	12:17:28

Ergebnis nach AK >> 100km <<

Rang	SN#	Name	Verein	Jahrgang	Brutto-Zeit
Senioren M35					
1	112	JAKOB, Christian	ESV SF Neuaubing	1975	07:37:20
2	79	BÖHME, Florian	Sparda-Team Rechberghausen	1978	07:45:34
3	83	KAMINSKY, Peter	LG Emsdetten	1977	07:56:05
4	82	MAISCH, Andreas	Eichenkreuz Schwaikheim	1975	08:15:56
5	128	LEU, Oliver	LG BREMEN NORD	1974	08:56:23
Senioren M40					
1	33	COLLET, Andre	Aachener TG	1971	06:56:22
2	94	HEINER, Hans-Jörg	SG Wenden	1973	06:59:42
3	88	KIEBLER, Jürgen	TV 1846 Isny	1973	07:35:39
4	74	KIWUS, Dirk	LG Nord Berlin	1973	08:03:36
5	119	WALPRECHT, Dirk	SV Schwindegg	1970	08:11:12
6	69	GREIS, Volker	Lauf Team Unna	1970	08:34:51
7	26	HÖSL, Patrick	LG DUV e.V. KL	1973	08:41:29
8	15	BRANDT, Tewes	Delligser SC	1971	09:16:42
9	5	NEUBERT, Andreas	LAV HALENSIA	1969	09:25:13
10	101	HELFERICH, Gernot	LTF MARPINGEN	1969	09:44:12
11	43	WOITYNEK, Martin	LG Mauerweg Berlin	1973	09:56:05
12	121	KNAESCHKE, Thomas	SV Schwindegg	1970	10:11:12
13	120	OBER, Andreas	SV Schwindegg	1970	10:42:17
14	98	THEMM, Thorsten	VFL BOKEL	1972	10:51:13
Senioren M45					
1	84	SOMMER, Michael	Eichenkreuz Schwaikheim	1964	07:08:17
2	16	SPEER, Ronald	LAUFGEMEINSCHAFT EXA LEIPZIG	1967	07:47:23
3	63	STEIßLINGER, Ralf	TSV Kusterdingen	1965	07:59:21
4	35	HORSCHIG, Kai	TSG Schopfheim	1966	08:18:55
5	116	BECK, Johann	FC Ebershausen	1964	08:29:38
6	85	THOMS, Stefan Stu	SV 1919 Woltersdorf	1966	08:44:09
7	12	MOHR, Christian	LG DUV e.V. KL	1968	08:55:53
8	75	HELD, Volker	VfL Ostelsheim	1967	09:45:50
9	52	MILKE, Ralf	PSB 24 Berlin	1965	09:47:01
10	117	GRUNDNER, Christian	Laufverein Region Geiselhöring	1968	10:08:03
11	95	LOHMANN, Hubertus	SuS Offen	1966	10:33:53
12	102	FELLER, Stefan	LTF MARPINGEN	1968	10:41:30
Senioren M50					
1	67	SCHMÄDING, Ralf	Spvgg Holzgerlingen	1963	08:04:35
2	110	MUNZ, Bernhard	TV Jahn Kempten	1961	08:32:24
3	106	BRAUNGART, Georg	Laufgemeinschaft Würzburg	1963	08:39:15
4	107	SCHREIBER, Jörg	TV Jahn Kempten	1963	08:45:47
5	109	BRACK, Jens-Uwe	FC Ebershausen	1963	09:03:40
6	55	WEIS, Ralf	SG Neukirchen-Hülchrath	1959	09:18:06
7	73	SEELINGER, Wolfhard	VfL Brandenburg	1959	09:25:50
8	30	GRINDEMANN, Jörg	CHEMNITZER LV MEGWARE	1962	09:46:10
9	65	MUHS, Matthias	Triathlonverein Fürstenwalde	1962	09:53:24
10	127	WEITZER, Günther	SV Schwindegg	1959	09:54:46
11	53	FENDER, Norbert	100 MARATHON CLUB DEUTSCHLAND	1959	10:41:12
12	13	BARTSCH, Jürgen	Delligser SC	1961	10:41:24
13	46	EGERLAND, Thomas	LC AUENSEE LEIPZIG	1962	10:56:22
14	37	DEAK, Andreas	LG Mauerweg Berlin	1963	12:26:04
Senioren M55					
1	86	ADAM, Nikolaos	IGL Reutlingen	1955	08:58:58
2	22	ROHWEDDER, Karl	LG DUV e.V. KL	1955	09:05:45
3	6	RIEMANN, Ernst	Laufclub BlueLiner	1955	09:08:28
4	96	BERNDSTROTMANN, Karl	SuS Offen	1957	09:11:16
5	38	ERNST, Ralf	LG NEIßE	1958	09:20:47
6	23	KOSTREWA, Bruno	Delligser SC	1958	09:36:55
7	118	GURANTI, Ulrich	TV Jahn Kempten	1956	10:14:04
8	7	KAster, Gerhard	TuS Griesheim	1958	11:24:03
Senioren M60					
1	40	REISS, Ingo	TV NIEDER-OLM	1952	10:38:12
2	36	STROSNY, Wolfgang	BAUTZENER LV ROT-WEIß 90	1951	10:42:27
3	68	PALM, Hajo	LG Nord Berlin	1949	10:49:08
4	61	STEINBRECHER, Diethard	100 MARATHON CLUB DEUTSCHLAND	1952	11:43:46
Senioren M65					
1	90	KLEINMANN, Paul	ASC Ulm/Neu-Ulm	1945	09:41:23
2	89	DIERKOPF, Hans-Joachim	LG Barnim	1948	10:21:13
3	48	STEUCK, Ekkehard	LC AUENSEE LEIPZIG	1944	11:48:23

Ergebnis nach AK >> 100km <<

Rang	SN#	Name	Verein	Jahrgang	Brutto-Zeit
Senioren M70					
1	8	HOFFMANN, Norbert	LG Westerwald	1939	09:31:59
Seniorinnen W35					
1	54	VOLLBRECHT, Regina	PSB 24 Berlin	1976	09:47:01
2	124	WALTER, Ulrike	TV Jahn Kempten	1977	10:02:31
3	51	TEGATZ, Anja	LC Duisburg	1974	10:23:56
4	123	MARTIN, Alexandra	TSV Prichsenstadt	1974	12:30:48
Seniorinnen W40					
1	49	VEITH, Pamela	TSV Kusterdingen	1973	08:10:53
2	111	MALLMANN, Barbara	Laufarena Allgäu	1971	08:36:10
3	11	KENKENBERG, Gabriele	LC Olympia Wiesbaden	1970	08:39:23
4	9	KRAUSE, Antje	Ultra Sport Club Marburg e. V.	1972	08:56:23
5	34	NEUMANN, Petra	ESV LOK. ZWICKAU	1971	09:24:29
6	72	FENZLEIN, Kerstin	LG Nord Berlin	1973	09:29:14
Seniorinnen W45					
1	14	HOFFMANN, Sigrid	LG Westerwald	1965	08:55:06
2	113	SCHUHAI, Antje	TV Jahn Kempten	1968	08:57:36
3	114	GURANTI, Barbara	TV Jahn Kempten	1966	09:27:58
4	60	STUTZKE, Silke	LG Nord Berlin	1968	10:42:34
Seniorinnen W50					
1	80	SCHULZ, Ullika	LTC Berlin	1962	09:09:52
2	122	HEINLEIN, Marika	1. FC Geesdorf	1962	09:48:12
3	97	RUSCHE, Silvia	SuS Olfen	1962	09:53:11
4	41	FENDER, Birgit	100 MARATHON CLUB DEUTSCHLAND	1963	11:56:51
5	56	DILLING, Daniela	LG Nord Berlin	1962	12:54:01
Seniorinnen W55					
1	32	WOHLGEMUTH, Kerstin	OSC LÖBAU	1956	10:08:22
Seniorinnen W60					
1	10	RODENBECK, Brigitte	LG Braunschweig	1953	10:27:36
Seniorinnen W65					
1	93	SUWELACK, Julia	LSF Münster	1947	12:49:44

Ergebnis Einlauf >> 100km <<

R	M	W	Name	Verein	Nation	SN#	Zeit
1	1		COLLET, Andre	Aachener TG	NO	33	06:56:22
2	2		HEINER, Hans-Jörg	SG Wenden	WE	94	06:59:42
3	3		SOMMER, Michael	Eichenkreuz Schwaikheim	WÜ	84	07:08:17
4	4		HANS, Jan-Hendrik	LG Wettenberg	HE	4	07:20:32
5	5		KIEBLER, Jürgen	TV 1846 Isny	WÜ	88	07:35:39
6	6		JAKOB, Christian	ESV SF Neuaubing	BY	112	07:37:20
7	7		BÖHME, Florian	Sparda-Team Rechberghausen	WÜ	79	07:45:34
8	8		SPEER, Ronald	LAUFGEMEINSCHAFT EXA LEIPZIG	SN	16	07:47:23
9	9		KAMINSKY, Peter	LG Emsdetten	WE	83	07:56:05
10	10		STEIßLINGER, Ralf	TSV Kusterdingen	WÜ	63	07:59:21
11	11		KIWUS, Dirk	LG Nord Berlin	BE	74	08:03:36
12	12		SCHMÄDING, Ralf	Spvgg Holzgerlingen	WÜ	67	08:04:35
14	13		WALPRECHT, Dirk	SV Schwindegg	BY	119	08:11:12
15	14		MAISCH, Andreas	Eichenkreuz Schwaikheim	WÜ	82	08:15:56
16	15		HORSCHIG, Kai	TSG Schopfheim	BA	35	08:18:55
18	16		BECK, Johann	FC Ebershausen	BY	116	08:29:38
19	17		MUNZ, Bernhard	TV Jahn Kempten	BY	110	08:32:24
20	18		GREIS, Volker	Lauf Team Unna	WE	69	08:34:51
22	19		BRAUNGART, Georg	Laufgemeinschaft Würzburg	BY	106	08:39:15
24	20		HÖSL, Patrick	LG DUV e.V. KL	PF	26	08:41:29
25	21		THOMS, Stefan Stu	SV 1919 Woltersdorf	BB	85	08:44:09
26	22		SCHRAMM, Sören	CHEMNITZER LV MEGWARE	SN	24	08:44:49
27	23		SCHREIBER, Jörg	TV Jahn Kempten	BY	107	08:45:47
29	24		MOHR, Christian	LG DUV e.V. KL	PF	12	08:55:53
31	25		LEU, Oliver	LG BREMEN NORD	BR	128	08:56:23
33	26		KOCH, Rainer Wilfried	Laufgemeinschaft Würzburg	BY	125	08:57:56
34	27		ADAM, Nikolaos	IGL Reutlingen	WÜ	86	08:58:58
35	28		BRACK, Jens-Uwe	FC Ebershausen	BY	109	09:03:40
36	29		ROHWEDDER, Karl	LG DUV e.V. KL	PF	22	09:05:45
37	30		RIEMANN, Ernst	Laufclub BlueLiner	NI	6	09:08:28
39	31		BERNDSTROTMANN, Karl	SuS Olfen	WE	96	09:11:16
40	32		BRANDT, Tewes	Delligser SC	NI	15	09:16:42
41	33		WEIS, Ralf	SG Neukirchen-Hülchrath	NO	55	09:18:06
42	34		ERNST, Ralf	LG NEIßE	SN	38	09:20:47
44	35		NEUBERT, Andreas	LAV HALENSIA	ST	5	09:25:13
45	36		SEELINGER, Wolfhard	VfL Brandenburg	BB	73	09:25:50
48	37		HOFFMANN, Norbert	LG Westerwald	RL	8	09:31:59
49	38		KOSTREWA, Bruno	Delligser SC	NI	23	09:36:55
50	39		KLEINMANN, Paul	ASC Ulm/Neu-Ulm	WÜ	90	09:41:23
51	40		HELFERICH, Gernot	LTF MARPINGEN	SL	101	09:44:12
52	41		HELD, Volker	VfL Ostelsheim	WÜ	75	09:45:50
53	42		GRINDEMANN, Jörg	CHEMNITZER LV MEGWARE	SN	30	09:46:10
55	43		MILKE, Ralf	PSB 24 Berlin	BE	52	09:47:01
58	44		MUHS, Matthias	Triathlonverein Fürstenwalde	BB	65	09:53:24
59	45		WEITZER, Günther	SV Schwindegg	BY	127	09:54:46
60	46		WOITYNEK, Martin	LG Mauerweg Berlin	BE	43	09:56:05
62	47		GRUNDNER, Christian	Laufverein Region Geiselhöring	BY	117	10:08:03
64	48		KNAESCHKE, Thomas	SV Schwindegg	BY	121	10:11:12
65	49		GURANTI, Ulrich	TV Jahn Kempten	BY	118	10:14:04
66	50		DIERKOPF, Hans-Joachim	LG Barnim	BB	89	10:21:13
69	51		LOHMANN, Hubertus	SuS Olfen	WE	95	10:33:53
70	52		REISS, Ingo	TV NIEDER-OLM	RH	40	10:38:12
71	53		FENDER, Norbert	100 MARATHON CLUB DEUTSCHLAND	HH	53	10:41:12
72	54		BARTSCH, Jürgen	Delligser SC	NI	13	10:41:24
73	55		FELLER, Stefan	LTF MARPINGEN	SL	102	10:41:30
74	56		OBBER, Andreas	SV Schwindegg	BY	120	10:42:17
75	57		STROSNY, Wolfgang	BAUTZENER LV ROT-WEIß 90	SN	36	10:42:27
77	58		PALM, Hajo	LG Nord Berlin	BE	68	10:49:08
78	59		THEMM, Thorsten	VfL BOKEL	SH	98	10:51:13
79	60		EGERLAND, Thomas	LC AUENSEE LEIPZIG	SN	46	10:56:22
80	61		KAISTER, Gerhard	TuS Griesheim	HE	7	11:24:03
81	62		STEINBRECHER, Diethard	100 MARATHON CLUB DEUTSCHLAND	HH	61	11:43:46
82	63		STEUCK, Ekkehard	LC AUENSEE LEIPZIG	SN	48	11:48:23
84	64		DEAK, Andreas	LG Mauerweg Berlin	BE	37	12:26:04

Ergebnis Einlauf >> 100km <<

R	M	W	Name	Verein	Nation	SN#	Zeit
13		1	VEITH, Pamela	TSV Kusterdingen	WÜ	49	08:10:53
17		2	HAJEK, Branka	LAZ Salamander Kornwestheim-LB	WÜ	92	08:25:41
21		3	MALLMANN, Barbara	Laufarena Allgäu	BY	111	08:36:10
23		4	KENKENBERG, Gabriele	LC Olympia Wiesbaden	HE	11	08:39:23
28		5	HOFFMANN, Sigrid	LG Westerwald	RL	14	08:55:06
30		6	KRAUSE, Antje	Ultra Sport Club Marburg e. V.	HE	9	08:56:23
32		7	SCHUHAI, Antje	TV Jahn Kempten	BY	113	08:57:36
38		8	SCHULZ, Ullika	LTC Berlin	BE	80	09:09:52
43		9	NEUMANN, Petra	ESV LOK. ZWICKAU	SN	34	09:24:29
46		10	GURANTI, Barbara	TV Jahn Kempten	BY	114	09:27:58
47		11	FENZLEIN, Kerstin	LG Nord Berlin	BE	72	09:29:14
54		12	VOLLBRECHT, Regina	PSB 24 Berlin	BE	54	09:47:01
56		13	HEINLEIN, Marika	1. FC Geesdorf	BY	122	09:48:12
57		14	RUSCHE, Silvia	SuS Olfen	WE	97	09:53:11
61		15	WALTER, Ulrike	TV Jahn Kempten	BY	124	10:02:31
63		16	WOHLGEMUTH, Kerstin	OSC LÖBAU	SN	32	10:08:22
67		17	TEGATZ, Anja	LC Duisburg	NO	51	10:23:56
68		18	RODENBECK, Brigitte	LG Braunschweig	NI	10	10:27:36
76		19	STUTZKE, Silke	LG Nord Berlin	BE	60	10:42:34
83		20	FENDER, Birgit	100 MARATHON CLUB DEUTSCHLAND	HH	41	11:56:51
85		21	MARTIN, Alexandra	TSV Prichsenstadt	BY	123	12:30:48
86		22	SUWELACK, Julia	LSF Münster	WE	93	12:49:44
87		23	DILLING, Daniela	LG Nord Berlin	BE	56	12:54:01

Ergebnis Mannschaften nach AK >> 100km <<

Rang	SN#	Name	Jahrgang	Laufzeiten	Gesamtzeit
Mannschaftswertung M20-M50					
1	SV Schwindegg				28:17:10
1	119	WALPRECHT, Dirk	1970	08:11:12	
2	127	WEITZER, Günther	1959	09:54:46	
3	121	KNAESCHKE, Thomas	1970	10:11:12	

Ergebnis Mannschaften nach AK >> 100km <<

Rang	SN#	Name	Jahrgang	Laufzeiten	Gesamtzeit
Mannschaftswertung M40-M45					
1	SV Schwindegg				29:04:41
1	119	WALPRECHT, Dirk	1970	08:11:12	
2	121	KNAESCHKE, Thomas	1970	10:11:12	
3	120	OBER, Andreas	1970	10:42:17	
Mannschaftswertung M50					
1	TV Jahn Kempten				27:32:15
1	110	MUNZ, Bernhard	1961	08:32:24	
2	107	SCHREIBER, Jörg	1963	08:45:47	
3	118	GURANTI, Ulrich	1956	10:14:04	
Mannschaftswertung W35					
1	TV Jahn Kempten				28:28:05
1	113	SCHUHAI, Antje	1968	08:57:36	
2	114	GURANTI, Barbara	1966	09:27:58	
3	124	WALTER, Ulrike	1977	10:02:31	
2	LG Nord Berlin				33:05:49
1	72	FENZLEIN, Kerstin	1973	09:29:14	
2	60	STUTZKE, Silke	1968	10:42:34	
3	56	DILLING, Daniela	1962	12:54:01	

XXXIII. Internationaler 100km-Lauf von Grünheide/Kienbaum

Gesamteinlauf 100km

RANKING		NO.	NAME	CLUB	NAT	RESULT
TOTAL	AGE CLAAS					
1	1. M40	153	Thomas Frieden	LSV Winterthur	CH	07:52:04
			00:22:39	00:44:45	01:06:37	01:28:42
			02:13:03	02:35:28	02:57:55	03:20:10
			04:05:56	04:28:58	04:52:39	05:16:42
			06:07:36	06:33:28	06:59:15	07:25:19
						07:52:04
2	2. M40	143	Jan Becher	Hohen Neuendorf	DE	09:07:57
			00:26:30	00:52:58	01:19:20	01:45:27
			02:37:47	03:04:02	03:30:22	03:57:08
			04:50:33	05:18:08	05:45:38	06:14:06
			07:11:10	07:40:26	08:10:08	08:39:34
						09:07:57
3	1. M30	171	Tell Wollert	Laufend aktiv	DE	09:13:27
			00:26:39	00:54:27	01:21:11	01:47:26
			02:43:11	03:09:55	03:36:27	04:05:18
			04:59:34	05:30:46	06:02:16	06:28:24
			07:22:42	07:52:17	08:21:59	08:49:39
						09:13:27
4	1. M45	164	Gunnar Schad	Laufend aktiv	DE	09:55:55
			00:26:39	00:54:26	01:21:11	01:47:26
			02:43:11	03:09:55	03:36:27	04:05:19
			04:59:34	05:30:46	06:02:58	06:35:22
			07:44:41	08:19:51	08:57:22	09:30:05
						09:55:55
5	1. W40	149	Heike Christ	Lt Sulz am Eck	DE	10:25:25
			00:30:55	01:02:20	01:32:45	02:05:15
			03:05:36	03:35:58	04:06:46	04:37:24
			05:42:54	06:14:13	06:45:19	07:16:06
			08:19:09	08:51:09	09:23:10	09:54:50
						10:25:25
6	1. M20	161	Sven Mühlberg	Dresdner Ruderclub	DE	10:25:26
			00:32:24	01:03:13	01:33:56	02:04:30
			03:06:29	03:36:31	04:08:38	04:38:10
			05:38:28	06:08:22	06:38:04	07:07:25
			08:11:38	08:43:54	09:17:31	09:52:47
						10:25:26
7	1. M55	146	Volker Krause	0	DE	10:27:23
			00:27:46	00:55:18	01:23:06	01:51:07
			02:47:57	03:17:36	03:48:10	04:20:20
			05:27:07	06:03:56	06:38:02	07:09:49
			08:14:53	08:47:30	09:21:46	09:54:48
						10:27:23
8	2. M55	157	Günter Janiszewski	DUV	DE	10:36:22
			00:29:12	00:57:51	01:27:43	01:56:56
			02:55:16	03:26:03	03:56:46	04:26:44
			05:25:46	05:56:44	06:27:16	06:58:42
			08:05:21	08:40:12	09:15:58	09:53:23
						10:36:22
9	1. M50	154	Thomas Frunzke	Storkow	DE	10:37:57
			00:29:46	01:00:56	01:32:43	02:06:34
			03:05:30	03:35:49	04:06:32	04:37:23
			05:39:09	06:10:48	06:42:06	07:13:56
			08:23:28	08:59:04	09:33:46	10:09:38
						10:37:57
10	2. M50	162	Dirk Richter	LG Mauerweg Berlin	DE	10:42:35
			00:29:57	00:59:38	01:29:31	01:59:53
			03:03:47	03:32:51	04:04:12	04:35:58
			05:40:38	06:15:56	06:47:43	07:20:32
			08:28:16	09:04:13	09:37:57	10:11:14
						10:42:35
11	3. M50	170	Roland Vater	DUV	DE	10:49:27
			00:28:20	00:56:25	01:25:04	01:53:43
			02:51:35	03:20:40	03:50:22	04:21:28
			05:23:50	05:57:52	06:32:46	07:11:50
			08:22:26	08:59:14	09:36:26	10:17:03
						10:49:27

XXXIII. Internationaler 100km-Lauf von Grünheide/Kienbaum

Gesamteinlauf 100km

RANKING TOTAL	AGE	NO.	NAME	CLUB	NAT	RESULT
12	4. M50	145	Hendrick Fenz	0	DE	10:53:20
			00:29:10	00:57:22	01:25:04	01:52:39
			02:48:55	03:18:34	03:49:15	04:25:59
			05:35:17	06:12:34	06:48:45	07:24:56
			08:38:07	09:14:20	09:51:22	10:23:17
						10:53:20
13	1. M60	150	Jürgen Beck	SSV Buer 07/28	DE	10:53:32
			00:31:03	01:02:40	01:34:13	02:04:57
			03:06:28	03:37:47	04:08:32	04:40:35
			05:49:35	06:23:21	06:57:18	07:30:44
			08:42:38	09:15:32	09:48:18	10:21:31
						10:53:32
14	2. M45	169	Gerd Teichert	TSG Seelow	DE	10:54:11
			00:29:16	00:58:54	01:28:35	01:59:01
			02:59:02	03:29:13	04:00:36	04:31:22
			05:36:05	06:10:48	06:46:24	07:20:57
			08:29:32	09:06:19	09:44:16	10:21:48
						10:54:11
15	2. M20	142	Magnus Kalaß	BSC	DE	10:59:32
			00:34:36	01:09:49	01:44:00	02:13:48
			03:12:10	03:42:12	04:10:37	04:40:46
			05:40:26	06:15:21	06:46:19	07:17:56
			08:25:05	09:00:36	09:38:04	10:17:25
						10:59:32
16	5. M50	144	Thomas Steinicke	SGW 05 Berlin	DE	11:18:13
			00:30:24	00:59:21	01:29:23	01:59:58
			03:01:06	03:30:19	04:01:28	04:31:34
			05:37:26	06:20:05	06:53:34	07:37:22
			08:50:33	09:22:07	10:05:47	10:39:09
						11:18:13
17	6. M50	159	Peter Kolar	Eich	CH	11:28:07
			00:33:49	01:07:17	01:39:46	02:12:46
			03:20:27	03:53:35	04:27:17	05:01:57
			06:09:28	06:44:41	07:18:44	07:52:39
			09:03:21	09:39:49	10:15:11	10:52:37
						11:28:07
18	3. M40	147	Kai Eichler	LG Bodensee	DE	12:17:28
			00:29:58	01:00:23	01:31:14	02:02:46
			03:08:04	03:42:39	04:18:07	04:54:13
			06:08:23	06:44:33	07:24:09	08:04:34
			09:26:23	10:06:57	10:49:49	11:32:58
						12:17:28

Ergebnis Einlauf >> 50 km <<

R	M	W	Name	Verein	Nation	SN#	Zeit
1	1		Preibisch, Ralf	Olympia Halsteren	NL	184	03:16:45
2	2		Stoek, Holger	LAV Halensia	DE	188	03:25:54
3	3		Eppelsheimer, Sven	A3K Berlin	DE	192	03:33:21
4	4		Reus, Florian	LG Würzburg	DE	197	03:39:15
5	5		Bisanz, Max	Frankfurt/Oder	DE	175	03:55:29
6	6		Zieffe, Herbert	LSG Karlsruhe	DE	191	04:05:35
7	7		Madry, Norbert	SF Blau-Gelb Marburg	DE	194	04:10:49
8	8		Sprie, Hans-Joachim		DE	198	04:22:34
9		1	Belau, Monika	Harburger SC	DE	174	04:25:25
10	9		Rudolph, Martin	LSG Karlsruhe	DE	131	04:30:24
11	10		Keller, Carsten	LG DUV	DE	200	04:32:22
12	11		Thiel, Sebastian	Berlin	DE	189	04:38:10
13	12		Brandl, Johannes	DUV	DE	176	04:51:09
14	13		Ingwersen, Maik	SV Potsdam	DE	179	05:06:06
15	14		Friedl, Mike	Marathon Club Istanbul	DE	196	05:07:45
16	15		Fedler, Tom	Forum Team Berlin	DE	193	05:11:55
17	16		Preiß, Wolfgang	SC Borus. Friedrichsfelde	DE	185	05:22:50
18	17		Osswald, Rene	DLRG LG Potsdam	DE	199	05:30:26
19	18		Scholz, Stefan	LG DUV	DE	132	05:50:37
20		2	Zebisch, Evelyn	TSV Neuried	DE	190	06:23:35
21		3	Koschwitz, Silvia	Berliner Seehunde	DE	180	11:19:29

XXXIII. Internationaler 100km-Lauf von Grünheide/Kienbaum

Gesamteinlauf 50km

RANKING		NO.	NAME	CLUB		NAT	RESULT		
TOTAL	AGE CLAAS								
1	1. M50	184	Ralf Preibisch		Olympia Halsteren	NL	03:16:45		
			00:19:17	00:38:25	00:57:54			01:17:16	01:36:52
			01:56:34	02:16:30	02:36:24			02:56:30	03:16:45
2	1. M45	188	Holger Stoek		LAV Halensia	DE	03:25:54		
			00:20:29	00:41:05	01:01:35			01:22:29	01:42:44
			02:03:06	02:23:38	02:44:26			03:04:47	03:25:54
3	1. M35	192	Sven Eppelsheimer		A3K Berlin	DE	03:33:21		
			00:21:23	00:42:27	01:03:31			01:23:25	01:43:23
			02:03:20	02:23:25	02:45:27			03:09:29	03:33:21
4	1. M20	197	Florian Reus		LG Würzburg	DE	03:39:15		
			00:22:41	00:44:52	01:06:36			01:28:20	01:50:12
			02:12:25	02:33:59	02:55:46			03:17:15	03:39:15
5	2. M35	175	Max Bisanz		Frankfurt/Oder	DE	03:55:29		
			00:23:46	00:47:04	01:10:14			01:33:11	01:56:15
			02:19:21	02:42:51	03:06:38			03:30:49	03:55:29
6	2. M45	191	Herbert Ziefle		LSG Karlsruhe	DE	04:05:35		
			00:24:45	00:49:02	01:13:00			01:37:20	02:01:37
			02:26:02	02:50:23	03:15:27			03:40:37	04:05:35
7	1. M55	194	Norbert Madry		SF Blau-Gelb Marburg	DE	04:10:49		
			00:25:30	00:50:20	01:15:28			01:40:35	02:05:35
			02:30:35	02:55:34	03:20:45			03:45:51	04:10:49
8	2. M50	198	Hans-Joachim Sprie		0	DE	04:22:34		
			00:25:30	00:50:22	01:15:38			01:40:52	02:05:40
			02:31:25	02:57:37	03:24:59			03:53:14	04:22:34
9	1. W55	174	Monika Belau		Harburger SC	DE	04:25:25		
			00:24:53	00:49:57	01:15:12			01:40:01	02:05:11
			02:31:09	02:57:58	03:26:14			03:55:22	04:25:25
10	3. M50	131	Martin Rudolph		LSG Karlsruhe	DE	04:30:24		
			00:26:46	00:53:46	01:20:26			01:46:52	02:13:18
			02:39:14	03:05:44	03:33:16			04:02:15	04:30:24
11	4. M50	200	Carsten Keller		LG DUV	DE	04:32:22		
			00:26:46	00:53:46	01:20:26			01:46:53	02:13:18
			02:39:15	03:05:44	03:32:44			04:01:35	04:32:22

XXXIII. Internationaler 100km-Lauf von Grünheide/Kienbaum

Gesamteinlauf 50km

RANKING TOTAL	AGE	CLAAS	NO.	NAME	CLUB	NAT	RESULT
12	3.	M35	189	Sebastian Thiel	Berlin	DE	04:38:10
				00:27:46	00:55:19	01:23:02	01:50:10
				02:44:57	03:13:02	03:40:27	04:08:23
							02:17:18
							04:38:10
13	1.	M30	176	Johannes Brandl	DUV	DE	04:51:09
				00:55:16	01:19:59	01:44:23	02:09:07
				02:59:59	03:26:42	03:54:00	04:22:33
							02:34:02
							04:51:09
14	5.	M50	179	Maik Ingwersen	SV Potsdam	DE	05:06:06
				00:28:16	00:55:49	01:22:58	01:50:05
				02:46:18	03:17:46	03:52:38	04:30:14
							02:17:50
							05:06:06
15	1.	M60	196	Mike Friedl	Marathon Club Ista	DE	05:07:45
				00:29:57	00:59:38	01:29:32	01:59:53
				03:01:49	03:32:53	04:04:12	04:35:58
							02:30:30
							05:07:45
16	3.	M45	193	Tom Fedler	Forum Team Berlin	DE	05:11:55
				00:32:17	01:04:20	01:36:52	02:08:41
				03:12:30	03:43:16	04:14:07	04:43:56
							02:40:25
							05:11:55
17	2.	M60	185	Wolfgang Preiß	SC Borus. Friedrich	DE	05:22:50
				00:28:36	00:57:11	01:25:38	01:54:13
				02:54:23	03:28:51	04:05:46	04:45:42
							02:23:36
							05:22:50
18	4.	M35	199	Rene Osswald	DLRG LG Potsdam	DE	05:30:26
				00:30:57	01:01:19	01:30:38	02:00:50
				03:01:00	03:36:51	04:18:07	04:57:45
							02:30:12
							05:30:26
19	1.	M40	132	Stefan Scholz	LG DUV	DE	05:50:37
				00:34:24	01:07:20	01:41:18	02:16:22
				03:25:12	04:00:27	04:36:23	05:13:02
							02:50:30
							05:50:37
20	1.	W50	190	Evelyn Zebisch	TSV Neuried	DE	06:23:35
				00:32:24	01:05:28	01:39:06	02:13:57
				03:31:12	04:12:25	04:55:53	05:40:00
							02:51:04
							06:23:35
21	2.	W50	180	Silvia Koschwitz	Berliner Seehunde	DE	11:19:29
				01:00:08	02:03:26	03:08:44	04:15:03
				06:33:32	07:43:07	08:53:02	10:03:48
							05:23:03
							11:19:29

Ergebnis Einlauf >> Mannschaft <<

Rang	Mannschaft	Nation	Nummer	Zeit
1	Greifmed et al.,	DE	230	06:32:10
2	A3K and Friends,	DE	240	06:33:22
3	Dellinger SC I,	DE	210	07:13:35
4	Dellinger SC II,	DE	220	07:24:41
5	LG Hohenlohe,	DE	250	10:01:19
6	4 gewinnt,	DE	260	10:29:27

XXXIII. Internationaler 100km-Lauf von Grünheide/Kienbaum

Mannschaft 100km

RANKING TOTAL	NO.	CLUB					NAT	RESULT
1	230	Greifmed et al.					DE	06:32:10
		00:19:18	00:39:08	00:58:30	01:17:52	01:37:35		
		01:57:08	02:16:27	02:35:56	02:55:12	03:14:42		
		03:34:01	03:53:58	04:14:21	04:34:46	04:55:07		
		05:14:56	05:34:52	05:53:46	06:12:36	06:32:10		
2	240	A3K and Friends					DE	06:33:22
		00:18:22	00:39:23	00:57:54	01:18:53	01:37:38		
		01:58:42	02:17:53	02:39:52	02:59:54	03:17:41		
		03:36:56	03:55:10	04:16:08	04:35:12	04:53:32		
		05:14:34	05:33:53	05:54:44	06:13:46	06:33:22		
3	210	Dellinger SC I					DE	07:13:35
		00:20:14	00:41:48	01:06:53	01:28:28	01:46:56		
		02:07:27	02:29:33	02:54:03	03:15:55	03:33:58		
		03:54:42	04:17:02	04:41:37	05:04:15	05:23:19		
		05:44:10	06:07:10	06:31:55	06:54:37	07:13:35		
4	220	Dellinger SC II					DE	07:24:41
		00:19:36	00:42:49	01:07:43	01:28:08	01:47:38		
		02:10:44	02:36:07	02:56:40	03:16:21	03:39:55		
		04:05:48	04:26:36	04:46:39	05:10:39	05:36:48		
		05:57:56	06:18:40	06:39:19	07:03:20	07:24:41		
5	250	LG Hohenlohe					DE	10:01:19
		00:32:14	01:03:32	01:35:13	01:57:23	02:19:27		
		02:42:10	03:04:16	03:44:24	04:23:27	04:55:54		
		05:32:57	06:04:57	06:37:44	07:14:56	07:36:42		
		07:58:50	08:21:15	08:44:12	09:23:25	10:01:19		
6	260	4 gewinnt					DE	10:29:27
		00:29:57	00:59:38	01:29:31	01:59:52	02:30:27		
		03:01:16	03:33:12	04:06:35	04:41:42	05:08:48		
		05:35:36	06:08:58	06:41:37	07:14:20	07:47:03		
		08:17:26	08:48:42	09:22:12	09:55:48	10:29:27		